

ROCK CLIMBING

Call 801.955.4156 for
more information

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Veterans Night
7-8 pm

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Supervised
6-8 pm

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Classes
6-7 pm
7:30-8:30 pm

F

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Supervised
12-2 pm

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Veterans Night: Partnering with Operation Climb On, all Veterans, Active Duty Military and their guests climb for free this winter season. Valid ID required.



Supervised Climbing: Staff will be available to assist climbers at the wall. Harnesses provided. Free for all admitted into the facility.

Belay Certification: Learn to safely belay and then top-rope when you please! For ages 12 and up. \$25

Rock Wall Rental: \$50 for one hour, and \$85 for two. Includes equipment, staff to belay, and admission to the facility for 10 individuals. \$5 per additional person. Includes access to the rest of the facility so stay and play!

Classes:

Kids Climbing Club

Kids climbing the walls? Get them on ours! Utilizing gamification our goals are fun, teamwork, concentration, and creating a foundation of climbing skills. For ages 6-11.

\$35

Thursdays 6-7pm
Ongoing

Climbing 101

Belay instruction and certification included in the cost, but also for those feeling just a bit rusty. Polish those rough edges and master the basics of top-roping. For ages 12 and up.

\$35

Thursdays 7:30-8:00 pm
January 9-30

Movement Class

Take it to the next level with some new or improved techniques. Learn to climb efficiently and see how adding a little training can help you progress.

For ages 12 and up.

\$35

Thursdays 7:30-8:00pm
February 6-27



parks &
recreation

Family Fitness Center

5415 West 3100 South | 801-955-4000
www.wvcfitness.com

